EVENT CALENDAR

PAC Meetings
7:00pm in the school library
April 11
May 30

Hot Lunch Dates
March 7 – Sushi
March 12 – Pizza
March 16 – Subway

Carnival
June 21, 2018
5-8pm

Rides
(new attractions and old favorites)

Midway games and prizes

Raffles

Photo booth

Face painting, caricaturist, balloon animals, magician

Carnival treats – cotton candy, popcorn, candy bags and more!

Family bbq (hot dogs, hamburgers, veggie dogs)

Zero waste event – bring your own water bottle

HOT LUNCHES SPRING 2018

Ordering for the final Hot Lunch session will be open as of this Wednesday, March 7. The final session will begin shortly after Spring Break to year-end. Please process your orders through the Munch a Lunch website at [www.munchalunch.com](http://www.munchalunch.com) to place your online order.

Deadline for all orders and payment is Wednesday, March 14.

Complete order details, lunch dates and the volunteer sign up link will be emailed home soon through your class rep.

As a reminder, we cannot refund lunches for children who have missed school on a lunch day as orders have already been processed. If your child has to miss a hot lunch day, you can advise the office when you are reporting your child’s absence, and pick up the food between 12:20-12:40pm on the lunch date if your child is absent. Otherwise, lunches are redistributed.
Capilano Wrestling Program
Sherwood Park Grade 1 parent, Kate Walker, will be running a wrestling program for girls and boys in Grades 1 to 4 AND Grades 5 to 7. The Capilano Wrestling Club is registered with BC Wrestling and the program will take place at Carson Graham Secondary School, located at 2145 Jones Ave, North Vancouver.

Grades 1 - 4
Cost: $70 (cost includes registration, t-shirt, pizza party)
When: Tuesdays & Thursdays, April 17th – May 10th
Time: 6:00pm -7:00pm
Where: Carson Graham Secondary School (Small Gym)

Grades 5 to 7
Cost: $75 (includes registration, t-shirt, pizza party)
When: Tuesday, February 20th to March 13th; Thursday March 15; Tuesday April 3; Thursday April 5th; Tuesday April 10th
Time: 6:00pm -7:30pm
Where: Carson Graham Secondary School (Small Gym)

For more information contact Kate Walker, 604-351-4840
Kate@lautenwoodworking.com

TRAFFIC ANNOUNCEMENT
New Drop-off/Pick-up Zone plan after Spring Break!!
We need your help!! Anyone who's driven past the school during drop-off and pick-up times knows it can be pretty chaotic sometimes. After Spring Break, you'll see some new signs and in order to help implement a SAFE drop-off zone, we're asking for volunteers to help keep the traffic moving.

April 3rd to 9th from 8:30 to 9:00 am or 2:45 to 3:15 pm.
If you are available for any shifts during this week, (or for more information) please email the PAC sherwoodparkpac@gmail.com with the subject "Traffic".

Please see the map attached at the end of the newsletter for a detail of the various parking zones and walking routes to the school.

EMERGENCY KITS – SPECIAL OFFER
On Wednesday February 28th a community presentation on Emergency Preparedness was hosted by Cove Cliff PAC. Bernadette Woit, North Shore Schools Emergency Planning Consultant, shared valuable preparedness information and GetMyKit, a company devoted to helping people be prepared, was onsite selling emergency kits at an exclusive discount rate.

Cove Cliff PAC has kindly extended this discount through GetMyKit to Sherwood Park Families.
Have you thought about putting your home emergency kits together but have put it off and over again? There’s no better time to put your mind at ease and get prepared than NOW! GetMyKit offers several different kinds of Emergency Kits to best suit your family size and lifestyle to ensure maximum preparedness for every member of your family. The Emergency Kits come equipped with cooking and heating elements, as well as extra comfort items.

If you were unable to make it to the event on February 28th, you can still get your exclusive discount by following these simple steps!

1. Visit www.getmykit.ca/shop to select your home kit
2. Enter “covecliff” to receive your discount until March 15th, 2018
3. Your kit will be shipped FOR FREE to your home
SPIRIT WEAR

Show your school spirit with some of our Sherwood Park logo gear! To purchase any of these items email the PAC to check for sizing and arrange for payment/delivery. Please use “Spirit Wear” as the subject line.

Logo T-shirt (Youth) $18

Collegiate T-shirt $13 (Youth)/$14 (Adult)

Logo Hoodie $40 (Youth)/$45 (Adult)
*limited sizes available

Collegiate Jogger (Youth) $28
*limited sizes available

Logo Water bottles and Mugs $10
(Available for purchase at the office)

SCHOOL GROUNDS BEAUTIFICATION

Spring is coming, and the classes that signed up to “Adopt a Garden” around the school are getting busy! Our French and English Kindergarten classes, led by Ms. Grayston, Ms. Gardner, Ms. Meilleur, and Mmes. Sulis and Alvano, are learning about seeds and planting a colourful variety of seed-grown flowers. Mmes. Aryanpour and Godo’s Grade 1 classes are working together to plant a Perennial Garden at the front of the school; we are excited to see how much growing these plants and children will do over the next 6 years! Mmes. Kellman and Mitchell’s Grade 2’s are sprouting Sweet Peas to plant along the fence behind their garden. Ms. Jessiman’s Grade 3’s and Mmes. Rothe and Sahler-Lee’s Grade 2/3’s are turning the gardens next to the Primary Playground into an Edible Garden filled with edible flowers and herbs. And M. North’s Grade 4 class is developing a Pollinator Garden to attract butterflies and other important pollinators. A huge thank you to all the teachers and parent volunteers who are working to make our school grounds beautiful and help our children learn more about the natural world. If you would like to help, please contact your child’s teacher or class rep.

UPCOMING VOLUNTEER OPPORTUNITIES

Looking forward, we have a few parents, who fill key volunteer roles, and will be ‘aging out’ of the school soon. We need to find new volunteers to transition into these positions. If you are interested in taking on one of these important roles next year or the year after, please contact us. The benefit of filling these roles early is having the opportunity to work with the existing volunteer before the job is officially yours.

Carnival Coordinator: beginning in March or April assemble the carnival project team and develop the project plan. Work with the team of carnival volunteers to organize rides, concession, prizes and midway games, work with vendors and school administration on logistics, develop setup and takedown plans.

Carnival volunteer coordinator: meet with carnival team to determine volunteer needs in all areas from setup to running booths to site cleanup. Manage the volunteer signups. Be present at carnival from set up to clean up to sign in volunteers and make sure all areas are adequately staffed.

Other Future Volunteer Opportunities:
• PAC Treasurer
• Hot Lunch Coordinator- Magic Lunch Box & Pizza

If you are able to offer your time and abilities, please email us to sign up at sherwoodparkpac@gmail.com.
COMMUNITY SUPPORTERS

RASMUSSEN GROUP
If you buy/sell your home or refer a friend to the Rasmussen team, 10% of their earnings from that sale come back to the PAC!

www.yournewpad.com

IT’S THE MORTGAGE GUY
New mortgages or debt refinancing? Consider Jonathon Adams of the Verico Nova Team as your local mortgage broker, and 10% of earnings are donated back to the PAC!

www.ItsTheMortgageGuy.com

NESTERS MARKET
When you are grocery shopping, tell them you are school #2 and the loyalty points will be directed to Sherwood Park.

COMMUNITY NEWS AND EVENTS

Do you have an announcement you would like to share with our school community? Do you know a business that would like to support our school community? If so please contact sherwoodparkpac@gmail.com. Deadline for upcoming newsletter submissions is the 20th of each month.

SHERWOOD PARK FAMILY COLLECTING OLD SMART PHONES TO HELP EDUCATE IN THE THIRD WORLD
My name is Lucy Forguson. My family and I are traveling to the Dominican Republic over the March Break. In learning about where we are going, we discovered that the Dominican Republic has the lowest educational outcomes in Latin America and more than 50% of children in the country live in families that survive on less than $2 per family member per day.

We have been in touch with an organization called The Dream Project, who offer education to Dominican children in 27 communities in the Dominican Republic. The Dominican has a very high functionally illiterate population. In trying to think of a way that I could help, we asked if they could use smart phones to assist in teaching the kids to learn to read in the classrooms, much like the way we use i-pads in our classroom to learn. They responded that they could use them and told us about the apps that they like to use.

So I am reaching out to our community at Sherwood Park. Do you have an old smart phone sitting in some drawer in your house that is still in working condition? Would you be willing to donate it to this cause?

If so, I will be collecting smart phones from March 5th to the 16th. Please send your phone and charger in a small plastic bag to keep it safe and contained. You can factory reset it before you send it in or we can do it once we have collected them all. We will also make sure that there are no SIM cards left in the phones. Phones can be dropped into the office and we will collect them over the course of the next 2 weeks.

Thank you so much for helping with this cause! If you would like to learn more about the organization that you are donating to, please go to: www.dominicandream.org. If you have any questions, please contact stefaniebarilla@gmail.com.

HOMEWORK HELP - GRADES 3 - 12
Do you or someone in your house need help with homework?
Soloro, an online study guide tied to the BC curriculum, provides thousands of practice questions in math, English language arts, and science, for grades 3 to 12. Students receive instant feedback with full solutions; they can also view lessons covering core concepts, along with study notes and flashcards. A representative for Solaro has been invited to our April 11th PAC meeting to provide parents with further information and offer an online demonstration.

Find Out More About Solaro Here
COMMUNITY SUPPORTERS

TOOKA FLORIST

10% of your order comes back to our school when if tell them you are a Sherwood Park family. www.tooka.ca

BEAUTIFUL EYES

Purchase glasses for your family and a portion of the proceeds are donated back to the school. www.beautifuleyes.ca

We would like to thank the Coast Salish people, specifically the Squamish Nation and Tsleil-Waututh Nation, whose traditional territory North Vancouver School District resides on. We value the opportunity to learn, live and share educational experiences on this traditional territory.

TOOKA FLORIST

Annual CHILDREN’S SALE
Saturday, April 14, 2018, 9:00 AM – 12:00 PM

Do you have books and toys that are no longer in use? Rent a table at the biggest children’s sale on the North Shore. $35 table rental for vendors of 2nd hand items
Are you an artisan/maker of hand-crafted items or run a home-based business?
$50 table rental for new & hand crafted items

Tables are now available for purchase at the following link: http://www.highlandspreschool.ca/childrens-sale/

For more info. contact: childrenssale@highlandspreschool.ca

Foods that Fit Workshop – Save The Date

WHEN: April 18, 2018 from 6:15 to 8:15
WHERE: Education Services Centre, 2121 Lonsdale Ave, North Vancouver.
WHAT: Vancouver Coastal Health and North Vancouver Parent Advisory Council will be hosting a Foods that Fit Workshop

This free, interactive workshop is designed for parents, teachers and principals from North Shore schools. Participants can arrive early (5pm) to sample menu items that “fit” the Guidelines for Food and Beverage Sales in BC Schools. During the two-hour workshop, which begins at 6:15, a panel of speakers will lead a discussion about ways to promote healthy eating at school by engaging students, educators, parents, and others in the community. Come hear about planning healthier fundraisers, creating a healthier food culture, connecting school gardens to healthy eating, and engaging families in planning healthy meals and snacks.
No Parking Zones

Paying along Dollar Rd West of Fairway is extremely limited. Please use this area for drop-off or pick-up only if you are able to remain in your vehicle and immediately move along. ‘No Stopping’ areas strictly enforced.

PLEASE CONSIDER WALKING FROM ONE OF THESE POINTS (APPROX. WALKING TIMES NOTED)

WALKING ROUTES - MANY CHILDREN MAY BE ABLE TO WALK THESE ROUTES THEMSELVES, PLEASE USE YOUR JUDGEMENT

PARKING ALLOWED - IF YOU NEED TO LEAVE YOUR VEHICLE, PLEASE PARK IN AN APPROVED AREA - BYLAWS ENFORCED

DROP-OFF/PICK-UP ZONE - REMAIN IN YOUR VEHICLE AND IMMEDIATELY MOVE ALONG - STRICTLY ENFORCED

NO STOPPING ALLOWED UNDER ANY CIRCUMSTANCES

SHERWOOD PARK ELEMENTARY
SCHOOL DROP-OFF/PICK-UP MAPS